

Complete Instructional Guide



TOOLS NEEDED FOR ASSEMBLY



7/16" WRENCH



POP RIVET TOOL

WE RECOMMEND A

PNEUMATIC RIVETER FOR
LARGER QUANTITIES



CAULK GUN



LEVEL



7/16" SOCKETWE RECOMMEND AN IMPACT GUN FOR LARGER JOBS



POWER DRILL
(FOR BENCHES LARGER THAN 5')



MALLET



TAPE MEASURE





PARTS LIST

CONFIRM ALL PARTS ARE PRESENT BEFORE STARTING INSTALLATION



POP RIVET



SCREEN FOR BULKHEAD FITTINGS



SIDE ROLL ALUMINUM PIECES



BENCH CORNER



3/4 BULKHEAD FITTING



SQUARE TO SQUARE CLAMP



1/4 - 20 BOLTS



LEGS



STRINGER PIPE



BENCH GLUE



HEADER



TRACK AND INSERT



STRINGER PIPE INSERT



BENCH CROSSBAR



TRAYS



SIDE RAIL
JOINER PLATE



CONCRETE SCREWS



WASHERS



TEK SCREWS



DIAGONAL SUPPORT BAR



ATTENTION REVISIONS MADE





FOLLOW INSTRUCTIONS BELOW

Check the leg wheel bases. There are two kinds that were sent to you.

- Drive wheel base has two additional holes on the base and one on the crossbar of the leg. This is where the Control Arm Housing will be bolted on.
- Idle wheel base has no holes.

Drive Wheel Base









FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #1Lay down tracks, leg support and stringer pipe.







STEP #2
Stand up one of the leg supports in the track.



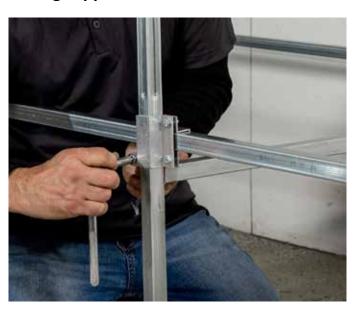
STEP #3
Take two clamps and line them up perpendicular to each other.



FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #4

Perform the same steps on the other end of the leg support.



STEP #5

Insert the flat washers in the bolts of the preassembled headers and slide the bolts through the opening of the crimped end of the leg supports.



STEP #6Once legs are all standing, load the bearing plugs.

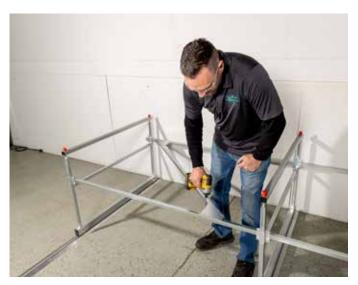




FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #7

Install diagonal support bars and test roll the bench on the tracks.



STEP #8

Place the 2pcs of 1.25 sq up against each of the red stoppers on top of the headers.



STEP #9

Lay out the bench cross bars over the top side of the bench.



STEP #10

Take the side rail pieces and insert the bench cross bar ends into the slot lined along the aluminum piece.



FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #11

Rivet aluminum side rail to the bench crossbars.



STEP #12

Rivet the end aluminum pieces with corners to the aluminum sides.



STOP





FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #13Attach the drive traveler pipe to the wheel bases.

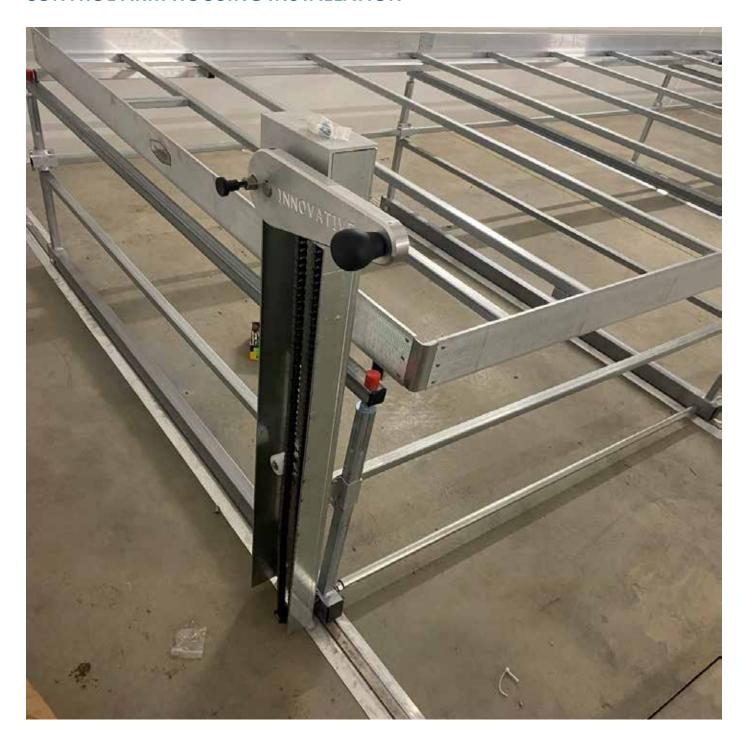






FOLLOW INSTRUCTIONS BELOW (CONT.)

CONTROL ARM HOUSING INSTALLATION





FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #14

Attach the control arm housing to the leg base with the provided bolts. Do not tighten all the way.



STEP #15

Attach the control arm housing to the leg crossbar with the provided bolt. Do not tighten all the way.



FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #16

Place sprocket on drive shaft and place chain around it.



STEP #17

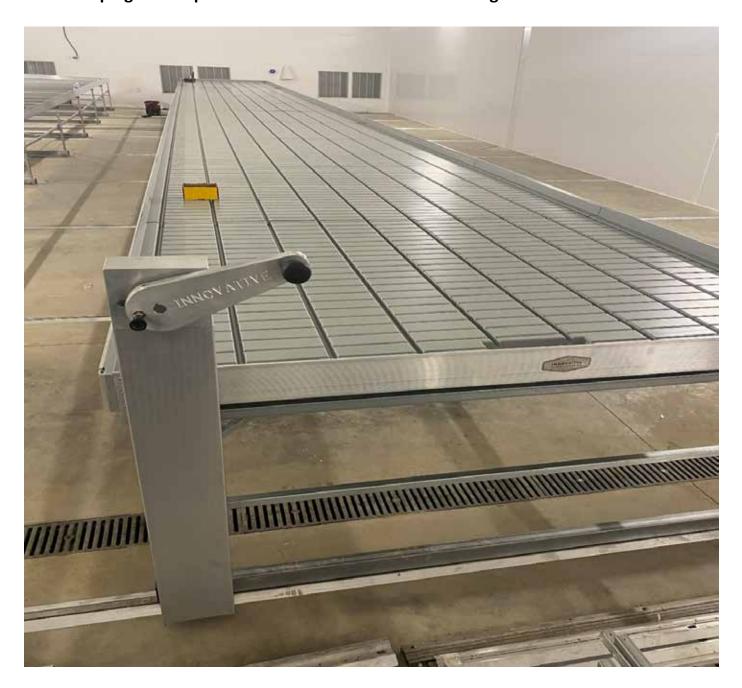
Attach control arm chain tensioner assembly and connect chain together.



FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #18

Tighten the bolts holding the housing. Then place control arm cover over housing and use the self-taping screws provided to attach cover to the housing.





FOLLOW INSTRUCTIONS BELOW (CONT.)

STEP #19

Lay the plastic trays onto the bench leaving 1/8 in. gap between each tray inserted.





STEP #20

Caulk the trays in between the 1/8 in. gap left between them.





FOLLOW INSTRUCTIONS BELOW (CONT.)

CONGRATULATIONS YOUR TRACK BENCH IS COMPLETE!



